

Strategy Selection Worksheet

DEFINE THE NEED

A. To manage processing deficits in order to complete selected goals (e.g., maintain attention; control impulsivity; remember information):

OR B. To improve performance on a specific activity (e.g., reading comprehension, writing accurate work report):



CONSIDER KEY CLIENT & STRATEGY CHARACTERISTICS

Maximum strategy complexity (e.g., number of steps; level of abstraction) that can be processed by client:

Client insight and motivation:

Environmental triggers to initiate strategy use:

Timing of strategy use:

Opportunities to use strategy:



GENERATE OPTIONS FOR COGNITIVE STRATEGIES

1.

2.

3.